Intake Questionnaire

Surfside Wellness, PLLC

Date:			
Name:		DOB:	Age:
Address:			
Phone:	Email:		
Reason for visit:			
Emergency Contact:			
Please briefly describe why you looking to improve you hydration status? Are you s	ur energy, skin/hair/nail	quality, recovery times,	immune system, or
Allergies (Medications, foo	ods, etc.):		
Current Medications: (Plea	se include OTC & supp	elements)	

Please check any conditions that apply to you:

CARDIOVASCULAR AND RESPIRATORY High Blood Pressure Asthma Heart Murmur **COPD** Valve Disorder Sleep Apnea Abnormal Rhythm Shortness of Breath Chest Pain Pulmonary Hypertension Lung Cancer Heart Attack Other Lung Disorder _____Other Cardiac Disorder _____ Cardiac Surgery or Stents Congestive Heart Failure Peripheral Artery Disease Thrombosis or DVT Aneurysm GASTROINTESTINAL AND URINARY Acid Reflux Liver Disease Bladder Disease Hepatitis A, B, C Other _____ Kidney Disease METABOLIC/ENDOCRINE/AUTOIMMUNE Hyper/Hypo Thyroid **Rheumatoid Arthritis** Diabetes Type I Type II Hx of DKA Lupus Other _____ NEUROLOGIC Parkinson's Stroke/TIA Multiple Sclerosis Alzheimer's Seizures – date of last seizure _____ **HEMATOLOGY** Anemia (Iron Deficiency, Pernicious, Aplastic, Hemolytic, Sickle Cell) **MTHFR G6PD** Deficiency MUSCULOSKELETAL Back Pain Degenerative Joint Disease Carpal Tunnel Syndrome Degenerative Disk Disease

Other

PSYCHOLOGICAL

Fibromyalgia

Depression

Anxiety or Panic Attacks

Suicidal Ideations

CANCER	
Location of cancer	
Chemotherapy	
Radiation	
WOMEN (non-menopausal)	
Last Menstrual Period	
Any chance that you are pregnant?	
Are you currently breastfeeding?	
PAIN	
CRPS	
Fibromyalgia	
Do you drink alcohol or abuse any types of drugs? If so, please explain:	
Have you ever had an electrolyte or fluid imbalance in the past? Such as lo sodium, etc.?	w potassium, high
Would you like to tell us anything else that you feel like is important?	
I attest that the information I have provided is true and accurate to the best	of my knowledge:
Signature Date	,
Print name	